# ALIVE A

# Dance Academy



2025 Information Pack

Creativity

Community

Inclusivity

# Welcome



# To Alive Dance Academy

We are delighted to have you as part of our community.

At Alive, our core values are creativity, inclusivity, and community, which guide everything we do. Established in 2014, Alive has steadily grown into a cornerstone of the Kariong/Somersby area.

In 2024, we achieved a major milestone by opening our very own premises in Somersby—a space dedicated to helping our students grow, create, and thrive.

Our highly qualified teachers are passionate about dance and committed to nurturing each student's unique talents.

We also have an exceptional student-teacher

program, offering growth opportunities

for aspiring dance instructors.

At Alive, we take great pride in fostering a safe, welcoming, and inclusive environment for students of all ages and abilities.

We can't wait to dance with you!

Miss Alyssa (Principal)



# STUDIO INFORMATION

### Address **Q**



7/15 Kangoo Road Somersby

# Contact Details (



Website: alivedanceacademy.com.au email: info@alivedanceacademy.com.au email: accounts@alivedanceacademy.com.au Phone: 0409574356

# Find us on (7)





@alivedanceacademy



# TERM DATES 2025

Term 1 - Monday 3 February to Saturday, 12 April (10 Weeks)

Term 2- Monday, 28 April to Saturday, 5 July (10 Weeks)

**Term 3-** Monday, 21 July to Saturday, 27 September (10 Weeks)

**Term 4-** Monday, 13 October to Saturday, 13 December (9 Weeks)

### **Public Holidays (No Dancing)**

King's Birthday - Monday, 9 June



# 2025 PRICES

Fees invoiced termly (10 weeks) and due within 14 days.

Fees now include GST.

Payment Plans Available

20 Minute Class \$7 30 Minute Class \$10 45 Minute Class \$12

### **Class Caps/Discounts**

**Twinkle Toes Combo Class** 

\$18/week

**Unlimited Class Cap (4+ Classes)** 

\$37/week \$65/2 siblings

**Unlimited A-Team Cap** 

\$45/week

R.A.D Ballet Exam (Not included in Class Caps)

\$11 (add on per week)

Private Tuition (Not included in Class Caps) Active and Creative 20 min-\$22/week
30 min \$30/week

Kids Provider

Duo \$11/student

CREATIVE KIDS

REGISTERED PROVIDER
Claim your \$100 troucher here



3+ siblings enquire for discounts

# ADDITIONAL FEES

### Registration Fee (annual)

Individual \$35 Family (Siblings) \$45

### Concert Costumes/per class \$75-\$100



# Concert Package (digital video download, rehearsal fees & trophy)

\$80 (subject to change)

### **Concert Tickets- Laycock Street Theatre**

Bases on 2024 prices- (subject to change)

Child- \$33.95

Concession/Student-\$38.95

Adult- \$43.95

### Photo Day (optional purchase)

Students will also be required to purchase

- Dance shoes
- Stockings
- Uniforms.



# UNIFORMS

Students are encouraged to purchase our uniform. Students not in uniform must wear appropriate plain black active wear.

#### **BALLET CLASSES**

All Ballet students must wear a leotard and ballet stockings to class. Hair must be worn in a bun.

Students must have their hair neat and off their face for all classes.

Correct shoes must be purchased and worn.







# SHOE REQUIREMENTS 2025

Shoes can be purchased from Dance Stuff https://www.dancestuff.com.au

**Bubbas- Pink Ballet Shoes** 

Twinkle Toes Ballet- Pink Ballet Shoes Twinkle Toes Jazz- Tan Jazz Shoes Twinkle Toes Tap- Tan Tap Shoes

Jazz/Lyrical/Musical Theatre- Tan Slip On Jazz Shoes
Ballet- **Canvas** Pink Ballet Shoes
Lyrical- Tan Slip On Jazz Shoes
Hip Hop & Cheer- Sneakers. White Sneakers
Acro- No Shoes
A-Team- To be confirmed with costuming

Pre-Junior/Junior Tap- Tan Buckle Tap Shoes Low Heel Int/Snr Tap- Black Buckle Tap Shoes Low Heel Preferred Brand Slick Dancewear (exam students must purchase) slickdancewear.com.au





#### Bubbas (18m-3.5 Years)

All of the fun of jazz, ballet & creative movement in one 30 minute class. This class is for children as young as 18 months to 3.5 years of age who are taking their first steps into dance. This class is ideal for students who have a few years before going to school.

Inspiring their creativity through dance and props and games your child will learn some of the basic fundamentals of dance.

For this class only, parents are welcome to stay and watch from the door. (depending on current covid restrictions)

#### Twinkle Toes (3.5-5years)

We offer Ballet, Jazz & Tap for this age group. Twinkle Toes classes are best suited for students the year before they go off to big school. These classes offer more structure, variety, socialisation and technique whilst preparing them for the transition into Junior classes.

#### BALLET (20min)

The perfect class for your aspiring little Angelina Ballerina or Emma Wiggle. Our ballet class combines basic classical techniques with imagination and roleplaying activities in a beautiful introduction to dance.

#### JAZZ (20min)

A fun filled, high energy class where little groovers will learn basic dance moves Acro and routines whilst having fun and engaging with other students.

Aspiring tappers will develop a sense of rhythm, coordination and timing along with the added fun of tap shoes.

#### Jazz

Jazz incorporates many technical elements of dance including kicks, turn, turns, leaps and flexibility danced to funky, upbeat music and choreography. Benefits of this class include improved strength, flexibility and confidence. This is one of our most popular styles and is a perfect class to take if your child is just starting out their dance journey.

#### Lyrical

Lyrical dance is an expressive style derived from jazz and ballet techniques. This genre tells a story through movements and is perfect for children who love to express themselves and will help bring confidence out in those who are a little reserved.

#### Hip-Hop

Hip Hop is a clear favourite at Alive and it's easy to see why. Hip-Hop incorporates a variety of sub-genres including popping, locking, isolations, break- dance, commercial and many more. Students are constantly being challenged with crazy new moves and everyone always comes out with a smile on their face.

#### **Musical Theatre**

A very popular class with our students which allows them to explore their creativity and embrace character roles. Musical theatre combines dance with acting and culminates in an amazing end of year production. Past productions include Peter Pan, Wizard Of Oz, The Lion King and Mary

#### Tap

In our tap classes we teach classic tap technique seen in musicals like 42nd street and Singing in the rain as well as more current, funky styles such as Tap Dogs.

In this class you make music with your feet and learn rhythm, timing, percussion and patterns.

We follow Glenn Wood Tap Syllabus and will be introducing exams in

#### Cheerleading

An upbeat and energetic combination of dance, acrobatics and stunting. This genre encourages and promotes team work and trust. Currently becoming increasingly more popular from the Netflix show 'Cheer' this is one not to miss in 2022!

Acrobatic Dance, or Acro as it is commonly referred to by dance professionals, is the beautiful fusion of classic dance technique and the precision and athleticism of acrobatic elements. Acro is an especially challenging style for dancers to master as training in both dance and acrobatic elements is required. Acro technique includes balancing, limbering, tumbling and partnering, based in flexibility, contortion and strength.

Miss Alyssa is a qualified Acrobatic Arts Instructor and follows the Acrobatic Arts syllabus to ensure the safety of our students.

#### Ballet R.A.D

Ballet is the foundation of all dance genres and has an emphasis on technique and grace. The benefits of classical ballet include posture, discipline, respect and poise.

This is a fundamental genre to take if your child aspires to become more advanced and excel in other genres.

Our ballet classes focus on technique and becoming a stronger, more refined dancer.



# CHEERLEADING

Cheerleading has been split into 2 groups to allow for more specialised training and stunts.

Cheerleading A: No pre-requisites

Cheerleading B: Round off and standing bridge required

### PRE-POINTE

Open for ballet students Year 5+

Students will work towards going onto pointe in this class at the discretion of your teacher.

# TECH

A new class in 2025 focused on increasing flexibility, turns, kicks and leaps. Highly recommended for A-Team students

# A-TEAM

Invite Only.

Our Eisteddfod Program is designed and is suited for those dancers who are driven and passionate about dance. Our program will not only allow you to improve your performance ability, skills and overall confidence, you will become a part of a community that shares the same passion, love and dedication to dance you do! Teams will compete in approx 2-3 eisteddfods per year depending on their progress. Each age group will aim to learn 2 routines. Students will also be required to purchase a \$80 representative jacket.

To be eligible for the team students <u>must take ballet and a minimum of 2 additional</u> <u>classes per week.</u>

# PRIVATE TUITION

Private Tuition is available for students who are driven and passionate and want to improve their technique. They have the opportunity to compete in Eisteddfods throughout the year. Students are required to take ballet to have a solo (except tap and hip hop). These spots fill up very fast so first in best dressed.



Although exams are optional, we strongly encourage incorporating them into your dance journey. Embrace the challenge, celebrate your progress, and take pride in your accomplishments through the exam experience.

Undertaking Examinations will improve dancers skills, confidence and commitment to dance.

### Royal Academy of Dance Ballet Fxams

The RAD is one of the world's most influential dance education and training organisations, with its global headquarters in London.

Exams are available to school aged children and are required to take 2 classes per week. It is at the discretion of your teacher if your child will be ready to sit their exams

Mondays will remain our (recreational day) and is the day all A -Team members will be required to take at a minimum. This is also the class they will be learning their concert routines in. Thursday and Fridays will become 'exam day' and will be the extra day for exam participants only.

Ballet exams can be a very rewarding experience for students and teaches not only exceptional technique, but also commitment, dedication, resilience and poise which they will carry with them through life.





Glenn Wood Tap has been Australia's leading Tap Exam syllabus for 20 years.

Designed for dancers of all ages and skill levels, the syllabus is the cornerstone of our mission to revolutionise tap dance education.

All of our school aged tap classes will learn the grade appropriate to their level and will be given the opportunity to take their exams.

# TERMS & CONDITIONS 2025

I understand that all fees are payable whether my child attends or not.

Fees are invoiced at the commencement of each term and MUST be paid within two weeks of the invoice issue date. Payments can be made either by EFT or cash (correct amount in an envelope marked with the students details.)

A late fee of \$5/week will be charged if this is not paid on time for each week overdue without a payment plan being placed.

A non-refundable payment for insurance and registration will be charged at the time of enrolment. Each student will need to enrol at the beginning of each calendar year and pay this fee. The current enrolment fee is \$35/student or \$45/family.

No parents/guardians/siblings are permitted to stay within the studio at any time during class, unless advised otherwise by our teachers.

Parents are to collect their child from the studio after each lesson. Teachers are not responsible for the students safety before or after class. Please talk with your children about safety and staying inside the premises. Please advise the studio of any family situations we need to be aware of.

All outstanding fees must be paid in full prior to the end of year concert and costumes being distributed or the student will not be permitted to perform. No refunds will be given once costumes are paid for.

Alive Dance Academy accepts no responsibility for lost property or valuables. It is best to leave items these at home and not bring them to dancing.

No bullying or disrespectful behaviour will be tolerated at Alive Dance Academy. All students must treat their teachers and fellow students with respect at all times.

Any photographs/videos taken during class may be used for advertising/promotion purposes.

#### **Liability Waiver**

I am aware that participating in dance and acrobatic dance involves inherent risks and hazards. I freely accept and fully assume all such risks, dangers, and hazards and the possibility of personal injury, property damage, or loss resulting from such risks and hazards.

I voluntarily agree to release Alive Dance Academy, their employees and/or contractors from any and all liability for any loss, damage, injury or expense that I or my next of kin, successors or dependents may suffer or incur as a result of participation due to any cause whatsoever.

As the Parent or Guardian if I cannot be contacted, I authorise Alive Dance Academy to seek medical services in case of serious injury or illness. I further agree to accept financial responsibility in excess of the benefits allowed by my health plan.

I understand that Alive Dance Academy, employees and/or contractors will not assume responsibility for any lost or stolen property, or for any bodily or personal injury consisting of or arising out of any participation in any physical training or athletic activity.